



# NYSAAA

New York State Athletic Administrators Association

**Minutes**  
**Executive Board Meeting**  
**March 13, 2019**  
**Saratoga Springs, New York**

**Attendees:** Denise Kiernan, President  
Brett Banker, President-Elect  
Michael Murray, Vice President  
Roger Brown, Secretary

Mike Giruzzi, Treasurer  
Scott Sugar, Past-President  
Dennis Fries, NIAAA Liaison

Alan Mallanda, Executive Director  
Jim Wright, Assoc. Executive Director  
Pete Shambo, Director of Professional Development

Meeting was called to order by President Denise Kiernan at 8:55 a.m.

*Motion was made to accept the Winter Executive Board Minutes.*

1<sup>st</sup>- Denny Fries      2<sup>nd</sup> – Mike Giruzzi      *Passed*

**Treasurer's Report – Mike Giruzzi**

- Report attached.
- Current balance is \$217,759.76.
- There are some concerns with LTI payments. We will be looking into what LTI costs and the amount of money we are bringing in.
- Need to set up a procedure to keep better track of all the courses given.

*Motion was made to accept the Treasurer's Report.*

1<sup>st</sup> – Roger Brown      2<sup>nd</sup> – Michael Murray      *Passed*

**Membership & Conference Registration Report – Alan Mallanda & Chris Rozek**

- Due to the changeover to Final Forms, we will be over 700 in memberships very soon.
- Chris reported that conference registration is at 271. We usually get around 10-15 walk-ins.
- Alan reported that we currently have 100 vendors.

**Reports of Activity & Updates – Denise Kiernan**

- Planners had a pre-conference meeting a week before the conference. All is ready to go.
- Positive Coaching Alliance is providing information that has not been offered before.
- Team APP will be used to give updates and schedule of the conference. You can request to join and this will give you notifications throughout the conference.

more...

**Nomination Committee Report – Scott Sugar**

- The Vice President interviews were held by Scott Sugar, Jim Wright and Murphee Hayes. The Secretary position interviews was held by Jim Wright and Murphee Hayes.

*A motion was made to accept the Nominating Committee's recommendation for Todd Gulliscio as Vice President and Scott Sugar as Secretary.*

*1<sup>st</sup> – Roger Brown      2<sup>nd</sup> – Denny Fries      Passed*

**NIAAA Update – Dennis Fries**

- Please see attached report.
- Blood drive will be held on Thursday at the conference. We had a goal of 50 people signing up for the blood drive but the American Red Cross said they cannot do that many and accepted 34 people. Thank you everyone who donated.
- Section I meeting will be held on April 4<sup>th</sup> in Maine. Brett Banker, Jim Wright, Scott Sugar, Alan Mallanda and Denny Fries will be attending.

**Chapter Representative/Committee Chair Breakfast – Brett Banker, Denise Kiernan & Jim Wright**

- The breakfast will be held on Thursday morning. Brett will cover the calendar and what is expected of the Chapter Representatives.
- Deb Ferry will speak on the awards process.
- Jim Wright will speak on certification initiative and the aspiring athletic director's program.

**Executive Director's Report and Activities & Updates – Alan Mallanda**

- Alan briefly reviewed his report (attached).
- There will be five people inducted in the 2019 Hall of Fame class.
- Two people will be inducted to the Wall of Honor.
- Fifteen past presidents will be attending this year's conference.
- Still working on getting the support from superintendents and getting a superintendent on the Representative Board.
- There will be a new raffle at the annual meeting along with the chapter door prizes.

**Associate Executive Director's Report – Jim Wright**

- Jim reviewed his report (attached).
- Rolling out the Aspiring AD in Chapter 11. Looking at getting this out in other chapters.
- Spoke with Final Forms – they have the ability of giving us a conference app that could include rating workshops and other items to replace the conference evaluation.
- CTLE sheets were in their conference registration packets.

**Director of Professional Development Report – Pete Shambo**

- 109 people pre-registered for LTI courses with more walk-ins.
- Need to get a financial report form created to keep expenses & payments balanced with the LTI courses being offered.
- New pilot course **706 – Coaching to Coaches** should be available by the end of the year.
- Interested in becoming a certified instructor? You will need to be recommended to Pete Shambo and the training is done online.
- Five courses are under review this summer.
- National approved that any course you took prior to getting your CAA can now be applied towards your CMAA.

**Other Business**

None

*Meeting was adjourned at 10:30 a.m.*

*1<sup>st</sup> – Scott Sugar      2<sup>nd</sup> – Roger Brown      Passed*

Respectfully submitted by:

***Chris Rozek***

Recording Secretary



# NYSAAA

New York State Athletic Administrators Association

*Minutes*  
*Representative Board Meeting*  
*March 13, 2019*  
*Saratoga Springs, New York*

**Attendees:** Denise Kiernan, President  
Scott Sugar, Past-President  
Brett Banker, President-Elect  
Michael Murray, Vice President  
Roger Brown, Secretary  
Mike Giruzzi, Treasurer  
Denny Fries, Liaison to NIAAA  
Susan Dullea, Chapter 1 Rep.  
David Sunkes, Chapter 2 Rep.  
Regan Johnson, Chapter 2 Rep.  
Andy Buchsbaum, Chapter 4 Rep.  
Cathy Haight, Chapter 4 Asst. Rep.  
Patrick Irving, Chapter 5 Rep.  
Mark DiFilippo, Chapter 6 Rep.  
Matt Walentuk, Chapter 7 Rep.  
Jennifer Keane, Chapter 8 Rep.  
Mike Kroemer, Chapter 9 Rep.  
Eileen Kilcullen, Chapter 10 Rep.  
Missie Hastings-LaVigne, Chapter 10 Asst. Rep.  
Tim Mullins, Chapter 11 Rep.  
Don Scarola, CHSAA Rep.

Deb Ferry, Awards Chair  
Murphee Hayes, Awards Co-Chair  
Bob Stulmaker, VAAC Chair  
Todd Gulluscio, Membership Co-Chair  
Kevin O'Reilly, Les. & Resol. Chair  
Greg Warren, Educational Initiatives  
Darryl Daily, NYSED  
Robert Zayas, NYSPHSAA

Alan Mallanda, Executive Director      Jim Wright, Associate Exec. Director  
Pete Shambo, Director of Professional Development

**Absent:** Bill Bryant, VAAC Co-Chair  
Steve Young, LTI Chair  
Joshua Lacy, LTI Co-Chair  
Timm Slade, Certification Chair  
Patrick Pizzarelli, Liaison to NYSPHSAA Section Ex. Dir.  
Chris Rozek, Recording Secretary

The Representative Board meeting was called to order at 3:04 p.m. by President Denise Kiernan.

*A motion was made to accept the Winter Executive Board meeting minutes.*  
*1<sup>st</sup> – Deb Ferry                      2<sup>nd</sup> – Murphee Hayes                      Passed*

more...

**Report from Executive Board Meeting – Denise Kiernan**

- Membership numbers are very good.

**Conference Registration & Exhibitor Report – Alan Mallanda**

- Current registration is around 287 attendees.
- Vendors are around 100.

**Treasurer's Report – Mike Giruzzi**

- Report attached.
- Association is in good shape with \$217,759.76.

*Motion was made to accept the Treasurer's Report.*

*1<sup>st</sup> – Denny Fries*

*2<sup>nd</sup> – Peter Shambo*

*Passed*

**NYS Education Department Report – Darryl Daily**

- Report attached.
- Professional Development opportunities.
- NYS Learning Standards review process for physical education has begun.
- Approved Coaching Course list updated.
- Concussion Management Guidelines updated as of June 2018.
- Recent School Health Services Changes as of 7-1-18
- New Initiatives to combat substance abuse among school-aged children and student athletes.
- Guidelines for coaching updated as of January 2018.
- Quality Physical Education Plan reminder.
- Amendment to Commissioner Regulations.
- Athletic Eligibility amendments.
- Guidelines for Sport Standards.
- Important reminder to all Directors of Physical Education and Athletics.
- Important Health Education related items.

**NIAAA/Section I Report – Dennis Fries**

- Report attached.
- National conference at National Harbor, MD, December 14-17, 2019.
- Blood drive with 40 signed up.
- Wounded Warrior initiative next year (will be looking for donations).
- NIAAA committee members.
- Section I meeting in Maine coming up.
- Summer Institute (16<sup>th</sup> year) June 24-28 on Cape Cod.
- Scholar-Athlete Essay Award winners announced.

**President's Report – Denise Kiernan**

- 8 LTC courses offered here at the conference.
- 4 keynote speakers.
- TEAM APP for conference schedule.

**Nomination Committee Report:**

*A motion was made to accept the Nomination Committee's recommendations for:*

*Vice-President: Todd Gulluscio.*

*1<sup>st</sup> – Tim Mullins*

*2<sup>nd</sup> – Scott Sugar*

*Passed*

more...

*A motion was made to accept the Nomination Committee's recommendations for Secretary: Scott Sugar.*

*1<sup>st</sup> – Mike Giruzzi      2<sup>nd</sup> – Deb Ferry      Passed*

**Executive Director's Report – Alan Mallanda**

- Alan reviewed his report (attached)
- Alan thanked Roger for his many years of service as Secretary.
- Alan thanked everyone for their support/prayers during his medical issue.
- Membership dues will increase next year.
- Moving forward for LTI program with courses being offered throughout many chapters.
- Membership handouts to Chapter Reps. Close to 700 members!
- Hall of Fame (5) inductees; Wall of Honor (2) inductees at Dave Martens Luncheon.
- Roger Brown and Don Webster are Hall of Fame Committee Co-Chairs.
- CAA exam will be held Friday morning for five athletic directors.
- List of future meetings dates are listed on the report.
- Raffle prizes awarded at Annual Business meeting on Friday.
- Future conference dates listed on the report.
- Looking for new Membership Chair.

**Associate Executive Director's Report – Jim Wright**

- Jim reviewed his report (attached).
- Aspiring AD program is underway in Chapter 11.

**Director of Professional Development Report – Pete Shambo**

- Thank you to all chapters who hosted LTI courses.
- Six athletic directors earned CMAA distinction during the past year.
- **LTI 706 – Coaching the Coaches** course will be newly added.
- Looking for more certified test administrators for CAA exams.
- CAA exam can be offered online for a fee.

**Chapter Representative & Committees Report – Brett Banker**

- The meeting will be held on Thursday morning of the conference. How to help chapter representatives will be on the agenda.

**Other State Committees Reports:**

- Awards: streamline information requested for award winners. Possible livestreaming awards ceremonies.
- Resolutions: none.
- Hall of Fame: meeting tomorrow.
- Veteran Athletic Administrators: none.

**NYSPHSAA Report – Robert Zayas**

- Practice requirements (6 or 10, depending on the sport) have been revised.
- Season length being looked at, possible shortening some.
- Transfer rule clarified.
- NFHS rules to be voted on.

more...

- Review penalties for teams that play more games than allowed.
- Best year for cheerleading championships due to improved scoring system.
- NFHS network seems to be working.

**Continuing Business**

- Thank you to Eileen Kilcullen or her contributions as Chapter 10 Representative for so many years.

**New Business**

None at this time.

*With no further business a motion was made to adjourn at 4:50 p.m.*

*1<sup>st</sup> – Scott Sugar*

*2<sup>nd</sup> – Jennifer Keane*

*Passed*

Respectfully submitted by:

***Roger Brown for Chris Rozek***



# NYSAAA

New York State Athletic Administrators Association

*Minutes  
Annual Meeting  
March 15, 2019  
Saratoga Springs, New York*

The annual meeting was called to order by President Denise Kiernan at 3:00 p.m.

Introductions of the Executive Board, Representative Board and past presidents were made.

At this time, the 2019-2020 Executive Board was introduced:

***President – Brett Banker, CAA***  
***President-Elect – Michael Murray, CMAA***  
***Vice President – Todd Gulliscio, CMAA***  
***Treasurer – Mike Giruzzi, CMAA***  
***Secretary – Scott Sugar, CAA***  
***NIAAA Liaison – Dennis Fries, CMAA***  
***Past President – Denise Kiernan, CAA***

Past Presidents in attendance were introduced.

***Treasurer's Report – Mike Giruzzi***

- Report attached.

***NIAAA/Section I Report – Denny Fries***

- Please see attached report.
- The National Conference will be held in National Harbor, MD, December 14-17, 2019.
- The Summer Institute will be held in Cape Cod on June 23-26, 2019.

***Year in Review - President's Report – Scott Sugar***

- Welcome to all new athletic administrators. It's a great organization to be part of.
- Thank you to everyone who attended and to all the keynote speakers.
- Thank you to all the 2019 conference planners.
  
- At this time Denise presented incoming president, Brett Banker, with the gavel.
- Brett presented Denise with the president's plaque.

***President's Incoming Remarks – Brett Banker***

2020 conference theme will be: **"Clarifying the Vision Beyond 2020."**

more...



- At this time Denise presented Susan Dullea with the conference planner's plaque.
- Chris Ceruti & Jennifer Keane also were presented with plaques.

**Continuing Business**

None

**New Business**

None

Denise thanked some people at this time and the chapter door prizes were then done.

With no further business the meeting was adjourned at 4:00 p.m.

*1<sup>st</sup> - Deb Ferry*

*2<sup>nd</sup> - Pete Shambo*

*Passed*

**Special Presentations by Alan Mallanda:**

Outgoing Past President - Scott Sugar

Outgoing Board Member - Eileen Kilcullen

Outgoing President - Denise Kiernan

Respectfully submitted by:

***Chris Rozek***

Recording Secretary



*New York State  
Athletic Administrators  
Association, Inc.*

www.nysaaa.org

Michael Giruzzi, Treasurer

February 1, 2019

**Treasurer's Report for:  
February 1, 2019**

	<u>2/1/2019</u>	<u>2/1/2018</u>	<u>1/27/2017</u>
Checking/Savings:	\$100,593.79	\$ 86,303.21	\$90,502.04
AXA Investments:	\$108,976.63	\$100,358.55	\$91,084.34
Current Checking:	<u>\$ 8,189.34</u>	<u>\$ 8,694.88</u>	<u>\$ 7,215.02</u>
<b>Total Assets:</b>	<b>\$ 217,759.76</b>	<b>\$195,356.64</b>	<b>\$188,801.40</b>

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February 2019 Balance	\$217,759.76
February 2018 Balance	\$195,356.64
January 2017 Balance	\$188,801.40

Respectfully submitted,

*Mike*

## NYSAAA Liaison Report: Dennis Fries, CMAA

March 13-15, 2019 NYSAAA Executive Committee & Representative Board

NIAAA:

### National Conference information

December 14-17, 2019 - National Harbor, MD - Gaylord National Hotel (NYSAAA people stay until Weds., 12/18)

Registration available on-line at: [www.niaaa.org](http://www.niaaa.org) on **July 8, 2019**

December 12-15, 2020 - Tampa, FL - Marriott/Embassy/Conference Center

December 10-14, 2021 - Denver, CO - Colorado Convention Center

December 9-13, 2022 - Nashville, TN - Gaylord Opryland Hotel and Conference Center

### 2019 NIAAA Delegate Assembly Delegates:

**Mike Giruzzi, Denise Kiernan, Brett Banker, Mike Murray, Dennis Fries (JW & AM - Alt.)**

If you cannot attend please let me know by Tuesday, October 1, 2019

National Emergency Network: NY Contact People: Alan Mallanda, Dennis Fries, Pat Pizzarelli

The NEN's initiative - (Blood Drive; Thurs., 3/14 [**Goal: 50 units**])

2020 Conference - Wounded Warriors

NIAAA Committee members: PS (Chair.)- Cert.; SY-Accreditation; DF- QPA&Retired; MH-Awards; JW- Mentoring

NIAAA: Web Site (**NIAAA athlete certificates: 3 Season Athlete and Scholar Athlete Recognition**)

Conference Reservations

Sponsorship of a golf hole at the NIAAA Conference - \$250.00

NIAAA: Mike Blackburn - Executive Director; Phil Rison - Assoc. Executive Director

### **NYSAAA Notes:**

Continued thanks to Alan, Chris and Mike G. for the organization's fiscal health.

### **Section 1 Meeting:**

**2019 - Maine; Samoset Resort, Rockport, ME - Thurs., April 4, 2019 (Attending: BB, JW, SS, DF, AM)**

2020 - New Jersey; 2021 - New Hampshire; 2022 - Vermont; 2023 - Rhode Island

**16<sup>th</sup> Section 1 Summer Institute (June 23 - June 26, 2019) Under the leadership of: Pete Shambo and Steve Young.**

### **Student-Athlete Winners:**

#### Section 1 winners moving on to NIAAA consideration:

2007 - John Mackintosh, Chapter - 7 - Cathy Phillips, AD

2008 - none

2009 - Caroline Frances Tolli, Chapter - 6 - Patrick Burke - AD

2010 - Kelsey Johnson, Chapter - 10 - Eileen Kilcullen - AD

2011 - Taylor Malmsheimer, Chapter - 3 - J. Michael Byrnes - AD

2012 - none; 2013 - none

2014 - Nicholas Steven Stiansen, Saratoga Springs HS, Chtr 2 (Peter Sheehan - AD) - Scott Stuart - Chptr Rep.

2015 - none; 2016 - none; 2017 - none; 2018 - none

#### 2019 NYSAAA Student Athlete Scholar/ Essay winners are:

**Ryan Onatzevitch, York Town HS - Chapter 1 (Robert Barrett - AD); Sue Dullea - Chapter Rep.**

**Brianna Bromley, Batavia City HS - Chapter 5 (Mike Bromley - AD); Patrick Irving - Chapter Rep.**

**NIAAA Membership accommodation for maintaining 70% of NYSAAA total potential members in the NIAAA:**  
**1991, 1995, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017 and 2018**

#### 2019 Awards:

State Award of Merit - **Jim Wright, Ed.D - CMAA**

Otis Sennett Award - **John Rathbun**

Dr. Jack Foley Award - **Pete Shambo - CMAA**

(Foley award recipient will be forwarded as our Frank Kovaleski Award Nomination to Section 1)

#### (2018 Winners)

Presenter - Steve Young - CMAA

Presenter - Eileen Kilcullen - CAA

Presenter - Greg Warren - CMAA



# NYSAAA

New York State Athletic Administrators Association

## Associate Directors Report

**March 13, 2019**  
**Saratoga, NY**

1. Final Hotel Meeting with President Kiernan, Conference Planner Dullea, President-elect Banket and Exec. Director Mallanda on 3/4/19
2. Nominated to serve on NIAAA Strategic Planning Committee.
3. Began classes for aspiring AD/Mentoring program in Chapter 11 through the support of Executive Director, Tom Combs. All attendees will receive membership and access to LTC courses via tuition collected.
4. Completed response to NYSED through Darryl Daily for acceptance of certification proposal.
5. Preparing PPT for meeting with Chapter Reps 3/14/19.
6. Conducted interviews for Secretary and Vice President with Past Presidents Hayes and Sugar

Director of Professional Development report 2018-19  
Pete Shambo CMAA

Leadership Training (LTI) and Certifications have been very busy offering the core courses for certification around our State. Chapters 11, 7, 3, 1, 5, 8 and 4, have all offered LTI's locally in their Chapter since last March. With the additional courses being added to the requirements for certification in 2019, many directors sought to become certified prior to the December 31<sup>st</sup> 2018 cut off under the old guidelines. We're proud of the initiative taken by the Chapters above to offer courses to our membership on the local level. Under the new requirements, Directors will need to take 5 core courses in order to be eligible for CAA Certification

Numbers as of today:

508 - 12  
630 - 11  
627 - 16  
510 - 18  
631 - 17  
790 - 6  
714 - 10  
503 - 19

Many Thanks to Steve Young, Scott Sugar, Jim Wright, Todd Gulluscio, Matt Walentuk who all took the initiative to teach or organize LTI courses in their Chapter and around the State. Growth can sometime lead to growing pains and while the number of courses being taught has increased and the number of Directors taking courses is on the rise, we need to develop a smoother process for promoting, tracking, ordering, billing, finance and ultimately reporting when courses are completed. Thus, I'm making a request for time to be set aside in our fall meeting weekend, for our teaching staff to come together and develop a process for all of the above. I'm also requesting a separate time be set aside at the fall meeting for the members of the Professional Development team to meet and set a plan in place for LTI, Certification, Educational Initiatives and Membership for the next three years.



# NYSAAA

New York State Athletic Administrators Association

## *EXECUTIVE DIRECTOR'S REPORT*

Conference Representative Board Meeting  
The Saratoga Hilton Hotel & Conference Center, Saratoga Springs, NY  
**March 13, 2019**

### *NYSAAA Office Items/Activities –*

National Conference – 2018 San Antonio, TX; 2019 National Harbor, MD  
NYSPHSAA Meeting – February 1 & May 3, 2019  
Winter Executive Committee Mtg. – February 3-4, 2019 Embassy Suites, Saratoga Springs, NY  
NIAAA Section 1 Meeting – April 3-4, 2019 Samoset Resort, Rockport, ME  
NYSPHSAA Summer Meeting – Turning Stone Resort  
NEDC Summer Meeting & Seminar – July 23-26, 2019 – Canton, Ohio

### *Items of Importance*

Certification Round Table @ National Conference in Phoenix  
Support for Certification in NYS – still need to get Superintendents' support in each Chapter  
Membership Dues & Conference Registration Fees  
Chapter Initiatives

### *Ongoing Activities*

Sixth Hall of Fame in 2019; Seventh Hall of Fame in 2020; First inductees to Wall of Honor in 2019  
Conference CAA Exam on Friday in High Rock at 8 am (5); Review Class on Thursday at 4 pm  
Next NYS CAA Exam is Monday, June 24<sup>th</sup> @ the NYSPHSAA Office in Latham, NY at 1 pm.

### *Meeting Schedules (2019-20)*

Spring – Executive Board Spring Re-organization Meeting– Tuesday, **June 25, 2019** (TBD)  
Fall – Representative Board @ The Saratoga Hilton, **September 29-30, 2019**  
Winter – Executive Board Meeting @ *Saratoga Springs Embassy Suites*, **Feb. 9-10, 2020**  
Winter – Representative Board @ The Saratoga Hilton (Conference Meeting), **Thursday, March 18<sup>th</sup>, 2020**  
Spring – Executive Board Meeting – **Tuesday, June 23, 2020, TBD**

### *Corporate Sponsorships*

Total for 2018-19 = **\$50,725** cash + **\$25.699** in-kind. Total= **\$76,424**

### *Conference – Annual Meeting on Friday*

Chapter Door Prizes

#### **Raffle Tickets upon entry at door:**

<b>1<sup>st</sup> Prize</b>	<b>Hotel &amp; (2 nights) &amp; Conference Registration Pkg. (\$600 value)</b>
<b>2<sup>nd</sup> Prize</b>	<b>Gift Certificate Golf Pkg. for four at Saratoga National Golf Course (\$450 value)</b>
<b>3<sup>rd</sup> Prize</b>	<b>\$250 Cash/check</b>
<b>4<sup>th</sup> Prize</b>	<b>Gift Certificate/Voucher for any LTC Course (\$135 value)</b>
<b>5<sup>th</sup> Prize</b>	<b>Gift Certificate/Voucher for any LTC Course (\$135 value)</b>

### *Future Conferences – Saratoga Hilton & Conference Center, Saratoga Springs, NY*

**2019 is our 20<sup>th</sup> Consecutive Conference at the Hotel and Conference Center in Saratoga Springs, NY & the 26<sup>th</sup> overall in Saratoga, the first being in 1985 when the Ramada Renaissance Hotel & Conference Center was built.**

2020 – March 18-20  
2021 – March 17-19  
2022 – March 16-18  
2023 – March 15-17



## **1. PROFESSIONAL DEVELOPMENT OPPORTUNITIES**

- **New York State Association for Health, Physical Education, Recreation and Dance (NYSAPERD) Conference (November 20-23, 2019) in Verona, New York- See website: <http://www.nysahperd.org/content/professional-development/nys-ahperd-conference.cfm>**
- **New York State Council of Administrators Conference (November 20-23, 2019) in Verona, New York-See website:  
  
<https://www.nysahperd.org/content/professional-development/Council-of-Administrators-Annual-Conference.cfm>**
- **Society for Health and Physical Education of America (SHAPE), National Conference (April 9-13, 2019) in Tampa, Florida-See website:  
<http://www.shapeamerica.org/>**
- **New York State Athletic Administrators Association (NYSAAA) Leadership Training Program and Certification Program- See website:  
<http://nysaaa.org/contact-us>**
- **New York State Athletic Administrators Association (NYSAAA) Annual Conference (March 12-15, 2019) in Saratoga Springs-See website:  
<http://nysaaa.org/conference/conference-dates>**
- **NYSAAA now approved for CTLE credit.**

## **2. NEW YORK STATE LEARNING STANDARDS REVIEW PROCESS FOR PHYSICAL EDUCATION HAS BEGUN (Winter/Spring/Summer 2018)**

- **Collaborating with NYSAPERD- Kicked off at SED on August 6-7, 2018. Next meeting dates scheduled: October 25, 2018, January 24-25, 2019 and April 4-5, 2019. Reviewing National and NYS Learning Standards and Outcomes for NYS. Process and review team includes multiple representatives; (SED, ELA's, BOCES, NYSAPERD, NYSBAA, NYSUT and SAANYS, K-12 and Higher Education Institutions).**

## **3. APPROVED COACHING COURSE LIST (Updated February 2019)**

- **The list has been updated on February 2019.**
- **See: <http://www.nysed.gov/common/nysed/files/programs/curriculum-instruction/courses-accepted-coaches-first-aid-and-cpr-aed-requirement.pdf>**



#### 4. CONCUSSION MANAGEMENT GUIDELINES UPDATED (June 2018)

- The New York State Education Department Guidelines for Concussion Management in Schools have been revised to reflect the current recommendations on managing concussions. Previous guidance was that students must be completely symptom free to return to activities. Now there is emerging research suggesting that some symptoms may be acceptable during return to activities. The updated guidelines now reflect this practice along with emphasizing that schools follow guidance of the student's health care provider on what symptoms are acceptable for return to activities.
- A gradual return to physical activity typically is done by progressing a student through levels of activity that increase in duration and/or intensity. Gradual return to activity should occur with the introduction of a new activity level every 24 hours. If any post-concussion symptoms return, the student should stop the activity and drop back to the previous level of activity. Current research suggests that some level of symptoms with activity is acceptable. Therefore, schools will need to follow provider orders on return to activities. Students should be monitored by district staff daily following each progressive level of physical activity, for any return of signs and symptoms of concussion. A gradual progression should be followed based on the private healthcare provider's or other specialist's orders and recommendations.

**Please note:** No such pupil shall resume athletic activity until the pupil has been symptom free for not less than twenty-four hours and has been evaluated by and received written and signed authorization from a licensed physician; and for extra class athletic activities, has received clearance from the medical director to participate in such activity. [8NYCRR 136.5 (d)]

- *Please direct questions to the Office of Student Support Services at 518-486-6090 or [studentsupportservices@nysed.gov](mailto:studentsupportservices@nysed.gov).*

#### 5. RECENT SCHOOL HEALTH SERVICES CHANGES (Effective July 1, 2018)

- Revisions to commissioner's regulations 136.1-135.3 go into effect 7/1/18.
- Health examinations must now be completed on a required form.
- Grade levels for health examinations and required screenings have been revised.
- New guidelines are available for Health Examination, Vision Screening, Hearing Screening, and Scoliosis Screening. Due to changes in screening requirements it is important that school health personnel review the new guidelines.
- The new guidelines and new required health exam form are on our website **NYSED School Health Services – Updates and New Information**.
- Questions may be directed to the Office of Student Support Services, at 518-486-6090, or **studentsupportservices@nysed.gov**.

# NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE WINTER 2019

- <http://www.p12.nysed.gov/sss/schoolhealth/schoolhealthservices/>
- <http://www.p12.nysed.gov/sss/documents/ReqNYSSchoolHealthExamForm.pdf>
- [http://www.p12.nysed.gov/sss/documents/IntervalHealthHxforExam\\_Athletics.pdf](http://www.p12.nysed.gov/sss/documents/IntervalHealthHxforExam_Athletics.pdf)
- **Note- In regards to the new health examination form, 2018-2019 is a transition year since health care providers and parents/guardians may not be aware of the new form. Therefore, schools are strongly encouraged to accept any physical turned in regardless of the form it is completed on. Physicals done prior to 7/1/18 cannot be mandated to be on the new form since the regulation was not in effect. Please contact the Office of Student Support Services if you have questions. 518-486-6090 or [studentsupportservices@nysed.gov](mailto:studentsupportservices@nysed.gov)**

## 6. NEW INITIATIVES TO COMBAT SUBSTANCE ABUSE AMONG SCHOOL-AGED CHILDREN AND STUDENT ATHLETES

- Heroin and opioid use continues to grow at an alarming rate. Recent studies have shown that the percentages of high school students in New York State who have reported using heroin or who have injected an illegal drug have more than doubled from 2005 to 2015.
- Another recent concern with the Department of Health (DOH) is use of Fentanyl among youth.
- Education and healthcare leaders can increase awareness by talking about underage drinking, substance use disorders, addiction, warning signs, and how to access help. These materials provide guidance on how to have those conversations.
- NYSED partnered with the New York State Health Department and the New York State Office of Alcoholism and Substance Abuse Services to provide the New York State Addiction and Substance Use Disorder Educational Resource.
- A Free Flash Drive Educational Resource has been developed through the New York State Department of Health, specifically to assist you in reaching your students and their families in combating this epidemic. This tool provides readily accessible and striking sample presentations, videos and discussion guides on how to engage students that may be dealing with sports-related injuries and pain relief involving opioid prescriptions or self-treatment with opioid medications. We know how our athletes look up to physical education teachers, athletic directors and coaches to guide them, so please order a flash drive.



The New York State Addiction and Substance Use Disorder Educational Resource is available free on a flash drive that may be ordered by sending an email

**NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE  
WINTER 2019**

to: [80019W@health.ny.gov](mailto:80019W@health.ny.gov) (email address contains zeros), or by mailing your request to:

PUBLICATIONS NYSDOH Distribution Center P.O. Box 343 Guilderland, New York  
12084

Materials sent to addresses within New York State are provided free of charge. Quantities may be limited.

Please include the name of your school, company, or facility; physical address; name and email address of contact person; and the following description and order number: New York State Addiction and Substance Use Disorder Educational Resource - Pub.# 12029. (Flash drives cannot be mailed to post office boxes).

**6. GUIDELINES FOR COACHING (Updated January 2018)**

- See: <http://www.p12.nysed.gov/ciai/pe/toolkitdocs/COACHING-COURSE-GUIDELINES-FINAL-01292018.pdf>

**7. QUALITY PHYSICAL EDUCATION PLAN REMINDER**

- a. Is your district plan current? Is your plan frequently updated to ensure high-quality programs are being offered? Is your plan aligned with the current regulations and/or National and NYS Standards? Recommend updating minimum of 7 years. Important when looking for funding and support.
- b. If you need technical assistance or have specific questions contact Darryl Daily at [darryl.daily@nysed.gov](mailto:darryl.daily@nysed.gov)
- c. According to Commissioner's Regulation 135.4 -Physical Education Plans must be filed both at the local level and at the Department. Plans can be sent as a hard copy or as an e-mailed attachment to the Department. E-mail format is preferred.

**8. Amendment of Section 100.5 and Addition of Section 100.20 to the Regulations of the Commissioner of Education to Implement the Interstate Compact on Educational Opportunity for Military Children and Provisions Relating to Transfer Credits and Diploma Requirements for Physical Education. (BOR approved November 2017))**

- See: <http://www.regents.nysed.gov/common/regents/files/617p12d4.pdf>
- See: <http://www.nysed.gov/curriculum-instruction/general-education-and-diploma-requirements>
- <http://www.nysed.gov/memo/curriculum-instruction/physical-education-regulatory-amendments>
- 5<sup>th</sup> year seniors and out of state transfer students changes

**NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE  
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**9. ATHLETIC ELIGIBILITY amendments (BOR approved at June 2017 meeting)**

- 13 K-8 School Districts and APP
- Duration of Competition amended (Social emotional documentation..)
- See: <http://www.regents.nysed.gov/common/regents/files/317p12d1.pdf>
- Riflery added to Special Tryout Processes (Similar to Golf and Bowling protocol)

**10. GUIDELINES FOR SPORT STANDARDS**

(Amended and posted January 2017)

- See: <http://www.p12.nysed.gov/ciai/pe/documents/Guidelines-for-Sports-Standards-1-5-2017.pdf>
- Competitive Cheerleading was added to the list-January 2017.
- Note: **2 separate seasons** (fall and winter) for competitive cheerleading. 15 weeks for fall competitive cheerleading season. 22 weeks for winter competitive cheerleading season.

**11. IMPORTANT REMINDER TO ALL PHYSICAL EDUCATION  
DIRECTORS/ATHLETIC DIRECTORS**



- Please make sure all of your coaches are certified and/or are in the process of completing their certification. Re-check to make sure they have all their requirements completed and license in hand in order to coach.

**IMPORTANT HEALTH EDUCATION RELATED ITEMS**

**A) MENTAL HEALTH EDUCATION LEGISLATION (Effective July 1, 2018)**

- Mental Health Education Legislation Chapter 390 of the Laws of 2016 amending Section 804 of Article 17 and states *as of July 2018 all schools under the jurisdiction of the department will ensure their health education programs recognize the multiple dimensions of health by including mental health and the relation of physical and mental health so as to enhance student understanding, attitudes and behaviors that promote health, well-being and human dignity –* <http://public.leginfo.state.ny.us/lawssrch.cgi?NVLWO>
- SED & Mental Health Association of NYS collaborated as a stakeholder task force to develop guidance resources to implement the new mental health law by July 2018.
- See link: <http://www.p12.nysed.gov/ciai/health/> and <http://www.p12.nysed.gov/ciai/health/Mentalhealtheducation.html>

**B) SOCIAL-EMOTIONAL LEARNING GUIDELINES (BOE- Presentation May 2018)**

- Introducing New Guidance and Resources for Social Emotional Learning |  BR (D) I
- Supplemental Presentation:
-  Social Emotional Learning - Essentials for Learning, Essentials for Life

**C) NEW YORK STATE COMBAT HEROIN AND PRESCRIPTION OPIOID ABUSE CAMPAIGN**

- At its meeting in January 2015, the Board of Regents convened a panel to discuss combatting opioid and heroin use and abuse. Presenters shared their thoughts on prevention, warning signs, intervention, referral, treatment, recovery, and outreach.
- In 2015, New York State enacted laws allowing schools to provide and maintain opioid antagonists (naloxone) on-site, and late last year, NYSED issued guidance and information for schools regarding opioid overdose prevention programs. Additional resources to combat opioid and heroin use and abuse include:
  - **Kitchen Table Toolkit**  
The Kitchen Table Toolkit was developed to assist individuals (parents, spouses, siblings, teachers, coaches, counselors, probation officers, etc.) with initiating conversations about heroin and opioid abuse. Information, resources, and supports are available so no one needs to be alone in the fight to combat heroin and opioid abuse. Recognizing that addiction is not exclusive to heroin and opioids, this information may be applicable for alcohol and other drugs, also addressed in this toolkit. See page 12 for school-focused information.
  - For updated Health Education Standards Supplemental Guidance Document See: <http://www.p12.nysed.gov/ciai/pe/documents/NYSED%20Heroin-Opioids%20Instructional%20Resource%20Packet6.17.pdf>

**D) DEVELOPMENT OF RESOURCES TO EDUCATE ON NEED TO ENCOURAGE ORGAN AND TISSUE DONATION**

- Legislation (Summer 2016)-SED began working collaboratively with multiple organizations that promote organ and tissue donation to provide a toolkit that contains model exemplar lesson plans and best practice instructional resources on the importance and value of organ and tissue donation. Information will be shared as it becomes available. See: <http://alliancefordonation.org/coming-soon-new-york-state-high-school-curriculum-organ-eye-and-tissue-donation>
- Please note-APRIL is National "DONATE LIFE" month.

**E) DEVELOPMENT OF RESOURCES FOR SEPSIS**

- SED worked collaboratively with organizations that promote sepsis to provide model exemplar lesson plans and best practice instructional resources for school districts. See:  
<https://rorystauntonfoundationforsepsis.org/education-modules/>

**F) GAMBLING RESOURCES**

- In recognition of Problem Gambling awareness Month (April), the Office of Alcoholism and Substance Abuse Services released a tool kit in collaboration with the New York State Education Department (NYSED) to help identify early problem gambling habits in teens.
- According to OASIS, "The new comprehensive Toolkit can be used by school administrators, educators, pupil personnel services, parent-teacher associations, parents, and community groups to teach students and parents about preventing underage gambling."
- See: <https://www.oasas.ny.gov/gambling/SchoolDistrictResources.cfm>

**G) COMMISSIONER'S REGULATIONS TO REQUIRE INSTRUCTION IN CARDIOPULMONARY RESUSITATION ("Hands Only" CPR) AND INSTRUCTION IN THE USE OF AUTOMATED EXTERNAL DEFILIBRATORS (Requirement began September 2015)**

- Students in senior high school shall be provided instruction in hands-only cardiopulmonary resuscitation and the use of an automated external defibrillator at least once before graduation.
- See link for memo to the field:  
<http://www.p12.nysed.gov/ciai/pe/toolkitdocs/memo-CPR%20instruction%20in%20HS-%20Sept%202015.pdf>
- See link:  
<https://yourethecure.org/aha/advocacy/details.aspx?BlogId=2&PostId=4139>

**H) TIC AND LYME DISEASE LEGISLATION (Summer 2016)**

- NYSED and Department of Conservation collaborated on instructional tools and materials for school districts to advance and promote education awareness on tick identification and protection.
- See: <http://www.nysed.gov/curriculum-instruction/tick-and-tick-borne-disease>

**I) Letter to Schools from Commissioners of the New York State  
Department of Health and Education Department to raise awareness and  
educate on the dangers of e-cigarettes. ( 606 KB) - January 02, 2019**

- Evidence-based E-Cigarettes and Vaping Webinar , and an E-Cigarettes Learning Page available at the NYS Center for School Health, a contracted technical assistance resource center for the NYSED, with additionally resources located at the NYSDOH Get the Facts Website.

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**Physical Education Web Site:**

<http://www.nysed.gov/curriculum-instruction/physical-education/>